



First Annual Rural Behavioral Health Practice Conference

Available by personal attendance or by simultaneous webcast

Friday, September 11, 2009, 8am to 5pm

Oyate Hall, Student Center, University of Minnesota–Morris

600 E. 4th Street • Morris, MN 56267

Sponsored by The Rural and Greater Minnesota (R&GM) Division
of the Minnesota Psychological Association

Approval by the MN Board of Psychology for 7.0 continuing education hours, #0909-8403.

The registration deadline
is September 7, 2009.

Ethical Issues in Rural Behavioral Health

Life can be challenging for health and human service professionals in rural areas and small towns, where most people know each other and interact in a variety of settings. It is easier for people receiving social, mental health, or physical health services to remain anonymous in metropolitan areas. But in rural areas and small towns, issues of confidentiality, multiple relationships, and other ethical dilemmas can often be at the forefront of client/practitioner interactions. In this workshop, Janet Schank will describe the unique components of ethics in rural and small-town settings. She will also present typical scenarios and strategies for maintaining privacy and dignity for clients, practitioners, their families, and other members of the community.

Speaker: Janet A. Schank, Ph.D., LP

Mental Illness, Primary Care, and Rural Communities: Promoting Effective Integration of Medical and Mental Health Care to Support Minnesota's Rural Populations.

The President's 2003 New Freedom Commission on Mental Health examined the state of mental and behavioral health in the United States. Specific concerns raised about rural communities highlighted disparities in access to care, provider shortages, greater stigma than in urban areas in seeking mental health care, and the need to establish models of care that address the unique needs of rural communities. Rural communities, as compared to the metropolitan areas of Minnesota, have higher unemployment, a higher percentage of people who are uninsured or underinsured, more acute transportation difficulties, and a paucity of mental health providers. As such, the majority of mental health care is either never delivered or falls to the primary care physician to manage. This

presentation describes the mental health problems in rural Minnesota and discusses the need for improved collaboration of physicians and behavioral health professionals to effectively identify and treat this public health concern.

Speaker: Jeffrey Leichter, Ph.D., LP

Providing Behavioral Health Services to Rural Veterans

This will be a panel presentation led by Ona Hanson-Gustafson. On the panel will be Michelle Gatz, Yellow Medicine County VSO; Jeffrey Gay, Military Family Assistance Specialist, Minnesota National Guard; and Chris Sylie, from the Southwest Centers for Independent Living.

Speaker: Ona Hanson-Gustafson, MSW, ACSW, LICSW, of the Montevideo Veterans Administration Community Based Outpatient Clinic

Tailoring Behavioral Health Services to Rural People

Rural people comprise a set of diverse populations who have a number of characteristics that require consideration in providing behavioral health services to them. After describing rurality as a subculture, the presentation will involve participants in discussing ways that behavioral health providers can customize their services for rural clients. It will also cover the needs of providers of these services, including training, professional networking, and research.

Speaker: Katherine M. (Kay) Slama, Ph.D., LP

If you have questions, please contact Kay Slama, Ph.D., LP at (320) 796-5871



Conference Schedule

7:30	Registration
8:00	Janet Schank, Ph.D., LP, Ethical Issues in Rural Behavioral Health, part 1
9:30	Break
9:45	Dr. Schank, part 2
10:45	Break
11:00	Dr. Schank, part 3
12:00	Lunch, including 12:15-12:45 R&GM Division meeting
1:00	Jeffrey Leichter, Ph.D., LP, Mental Illness, Primary Care, and Rural Communities: Promoting Effective Integration of Medical and Mental Health Care to Support Minnesota's Rural Populations
2:10	Break
2:20	Ona Hanson-Gustafson, MSW, LICSW, Providing Behavioral Health Services to Rural Veterans
3:30	Break
3:40	Katherine M. Slama, Ph.D., LP, Tailoring Behavioral Health Services to Rural People
4:50	Participant Discussion: What do rural behavioral health providers need?
5:00	Collect Continuing Education certificates (7 CE hours possible)

Registration Fees:

R&GM Division members: \$50

MPA members who aren't R&GM members: \$60
(Join the R&GM Division for \$10 and register as a R&GM member)

Non-members: \$80

Full-time students: \$20

Registration includes either lunch and refreshments or webcast costs.

Directions:

From US Hwy 59, the turn is north of MN Hwy 9 and south of MN Hwy 28. Turn west onto Prairie Lane, then left onto Alumni Drive. Follow it along the curve as it becomes Second Street. Past the Regional Fitness Center (RFC) Parking Lot, turn left into the South Parking Lot (free parking). Walk across Second St. and continue north between the Education Building on the right and the Multi-Ethnic Resource Center on the left. The Student Center is just across the street (Cougar Circle), with a big grassy mall in front (east) of it. Oyate Hall is on the first floor along the east side.

Directions to Morris Campus: www.morris.umn.edu/visitors/directions

Directions to Morris: www.morris.umn.edu/prospective/forms/printabledirectionsUMM.pdf

Morris Hotels: www.morrismnchamber.org/for-morris-visitors/hotels-and-restaurants

Registration Form:

MPA Rural Behavioral Health Practice Conference • September 11, 2009

Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____ Address: _____

City/State/Zip _____ Please check: Home Work E-mail: _____

Phone: _____ Please check: Home Work Fax: _____

Select Registration Fee:

MPA R&GM Division members: \$50 MPA members who aren't R&GM members: \$60 Join R&GM: \$10

Non-members: \$80 Full-time students: \$20

I am registering for: Personal attendance Simultaneous Webcast

Total Amount Enclosed: \$ _____ **Check** or **Charge to:** Visa MC American Express Discover

Account # _____ Exp. _____ 3-Digit Security Code* _____

Cardholder Signature _____

*Please Note: American Express cards have a 4-digit security code number.

Return to:

Minnesota Psychological Association

1000 Westgate Drive, Suite 252

St. Paul, MN 55114-1067

Fax (651) 290-2266

Cancellation Policy: With written cancellation notice, received no later than 5 p.m. on Friday, Sept. 4, 2009, you will receive a full refund, less a \$10 administration fee. Cancellations after Sept. 4, 2009 are non-refundable. Notices of cancellation must be faxed to the MPA office at 651-290-2266. If you find that you cannot attend the conference, you may send another person from your agency in your place. No shows will not receive a refund.

(For office use only)

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