



MULTICULTURAL SUMMIT 2024



Cynthia de las Fuentes, Ph.D.
2024 President of APA
History of Multiculturalism in Psychology



**Diane Ehrensaft, Ph.D. and
Stephen Rosenthal, M.D.**
From Do No Harm to Promoting Gender
Health: The Interdisciplinary Gender
Affirmative Model



Kay Slama, Ph.D., MSS, LP
Work with Rural Clients: Importance,
Issues, Competencies



BraVada Garrett-Akinsanya, Ph.D., LP
Never Gonna Break My Faith:
Psychology's Role in Promoting Social
Justice, Healing and Hope

ABOUT THE SUMMIT

Experts in psychologists' role in social justice, developmental disruption, and disability will set the stage for important conversations about these topics.

While research in psychology serves as the backbone of this conference, attendees will be challenged to integrate that research with lived experiences as they move toward greater multicultural competence.

Multicultural Competence in Everyday Practice

Friday, November 1, 2024

8:30am - 4:00pm CST

Earn 6 CE Credits

This program will be held virtually via Zoom. Detailed instructions on how to join the Summit will be sent to all registrants the day before the program.

This program is designed for psychologists and other behavioral health professionals in related fields.

Intermediate Level: Assumes post-doctoral education status and general familiarity with the topic.

REGISTER HERE!

 <https://mnpsych.memberclicks.net/2024summit>

SCHEDULE

8:15am - 8:30am	Login to Virtual Summit*
8:30am - 10:00am	History of Multiculturalism in Psychology <i>Cynthia de las Fuentes, Ph.D.</i>
10:00am - 10:15am	Break*
10:15am - 11:45am	From Do No Harm to Promoting Gender Health: The Interdisciplinary Gender Affirmative Model <i>Diane Ehrensaft, Ph.D. and Stephen Rosenthal, M.D.</i>
11:45am - 12:45pm	Lunch Break*
12:45pm - 2:15pm	Work with Rural Clients: Importance, Issues, Competencies <i>Kay Slama, Ph.D., MSS, LP</i>
2:15pm - 2:30pm	Break*
2:30pm - 4:00pm	Never Gonna Break My Faith: Psychology's Role in Promoting Social Justice, Healing and Hope <i>BraVada Garrett-Akinsanya, Ph.D., LP</i>

Any program changes will be posted on the MPA website.

Must attend the entire conference to receive credit. No partial credits will be given.

Registration fee includes access to live webinar, program agenda, program PowerPoint, and continuing education certificate.

*CE credits not awarded for these activities.

8:30 a.m. History of Multiculturalism in Psychology

This presentation will provide an overview of the parallel historical changes in education, psychological associations, and therapy over the years that lead to the October 2021 APA Council's passage of a trio of resolutions calling for the association to dismantle systemic racism, issuing an apology for psychology's role in perpetuating racism, and proposing to advance racial health equity. It will summarize with a case study illustrating the practice of multicultural therapy.

Participants will be able to:

1. Demonstrate awareness of the history of modern multicultural movement in United States psychology.
2. Describe an application of multicultural psychotherapy in a clinical setting.

Cynthia de las Fuentes, Ph.D., earned a Ph.D. in Counseling Psychology from the University of Texas at Austin in 1994 and became licensed by the State of Texas in 1996. From 1993-2007, she was a tenured associate professor of psychology at an APA accredited doctoral program. Since 2007, she has worked in private practice offering sliding-scale consultation, psychotherapy, and forensic evaluations focusing her expert testimony on the victims of hate crimes, racial, gender, and sexual orientation discrimination and immigration evaluations. She has dozens of presentations and publications in her areas of scholarship: ethics in psychology, feminist psychology, multicultural and Latiné psychologies. She is currently the 2024 President of the American Psychological Association and the American Psychological Association Services Inc.

The speaker has indicated no conflicts of interest.

10:15 a.m. From Do No Harm to Promoting Gender Health: The Interdisciplinary Gender Affirmative Model

This presentation will offer a "Gender-Affirmative Lens" for your clinical practice by focusing on the general guidelines for interdisciplinary care, research informing this care (including priorities for ongoing and future research), clinical challenges in working with children, clinical challenges in working with adolescents, barriers to care and the sociopolitical climate in which we are applying this model. The interdisciplinary gender affirmative model presented in this presentation has been co-constructed internationally among professionals and the community over several years and considered an organic breathing model open to change as we learn more. Within that model, the task of the professional is to design an individualized gender health plan for each youth and their family. This program will include two didactic sessions: One, primarily medical, focusing on evidence for biological underpinnings of gender identity development, outcomes of current treatment models, and gaps in knowledge, barriers to care, and priorities for research, and one primarily mental health, focusing on developmental pathways of gender, treatment goals and practices in work with transgender and gender diverse children and adolescents, and theoretical constructs underlying these practices. *(continued)*

We will conclude with a brief clinical presentation, a composite case based on Drs. Ehrensaft and Rosenthal's work together at the UCSF Child and Adolescent Gender Center highlighting the interdisciplinary gender affirmative perspective, with opportunity for questions/comments between the attendees and presenters.

Participants will be able to:

1. Identify the key features of the gender affirmative model.
2. Refer to evidence-based research related to pediatric gender care.
3. Explain the interdisciplinary collaboration between mental health and medical providers in delivering gender affirmative care.
4. List ways participants can apply the gender affirmative model to their own practice.

Diane Ehrensaft, Ph.D. earned her Ph.D. in Psychology at the University of Michigan. She is a developmental and clinical psychologist, adjunct professor of Pediatrics at University of California San Francisco, and Director of Mental Health at the Child and Adolescent Gender Center, UCSF Benioff Children's Hospital. She is author of *The Gender Creative Child* and *Gender Born, Gender Made*, co-editor with Dr. Colt Keo-Meier of *The Gender Affirmative Model*, and co-author with Michelle Jurkiewicz of the upcoming book, *Gender Explained*. She specializes in research, writing, clinical work, training, consultation, special expert testimony related to gender diverse children and youth and publishes and lectures both nationally and internationally on this topic.

Stephen M. Rosenthal, MD, Professor of Pediatrics at University of California San Francisco (UCSF), received his undergraduate degree from Yale and his medical degree from Columbia University, where he completed his residency in pediatrics. He subsequently completed his postdoctoral fellowship in pediatric endocrinology at UCSF and joined the UCSF faculty in 1983. Dr. Rosenthal has served as Program Director for Pediatric Endocrinology and Director of the Pediatric Endocrine Clinics, and currently serves as co-founder and Medical Director of the multidisciplinary UCSF Child and Adolescent Gender Center (CAGC). He is Principal Investigator (PI) (multiple PI format) for NIH/NICHD "The Impact of Early Medical Treatment in Transgender Youth" and co-Investigator on two additional NIH-funded studies focused on optimizing care of transgender/gender diverse youth. He has also co-directed a collaboration between the UCSF CAGC and the San Francisco Department of Public Health to develop community outreach services for gender diverse youth. Dr. Rosenthal has recently completed his terms as President of the Pediatric Endocrine Society and as Vice President and member of the Board of Directors of the Endocrine Society. He is currently a member of the Board of Directors of the World Professional Association for Transgender Health. Dr. Rosenthal's principal non-work passion is figure skating. He has participated in various adult national and international competitions, most recently in Paris, August, 2018.

These speakers have indicated no conflicts of interest.

12:45 p.m. Work with Rural Clients: Importance, Issues, Competencies

People living in rural areas generally experience mental health issues at similar or higher rates than urban populations yet have a fraction of the behavioral health providers. The diversity section of classes and continuing education should cover rural culture to prepare both rural practitioners and urban practitioners treating rural people who move to cities. Telebehavioral health (TBH) is increasingly being provided to rural people, and it is critical that these providers have the knowledge and competencies to serve rural people. This presentation will explore these issues and summarize rural culture and practice skills needed to work with rural clients. Dr. Slama will also discuss rural ethical issues, community collaboration, and integrated care, including how these issues apply to TBH. To the extent that time allows, the presentation will include rural issues in treating farmers, women, interpersonal violence, men, children/youth, elders, and special populations such as GLBTQ, ethnic/indigenous, imprisoned, veterans, unhoused, and disabled people. The presentation will conclude with further resources for gaining competencies in working with rural clients.

Participants will be able to:

1. Articulate the unique perspectives of psychological practice with rural clients.
2. Examine ethical and professional issues encountered in practice with rural clients.
3. Develop knowledge, skills, and attitudes for gaining competencies to provide services to rural clients.

Katherine (Kay) Slama, Ph.D., MSS, LP, earned her Ph.D. in Clinical Psychology at the University of Iowa. She is retired from an adjunct position with The University of Minnesota Medical School Dept. of Psychiatry, as well as from teaching Rural Practice courses at the University of St. Mary's Minnesota. She has worked with most clinical populations and in management, specializing in the last decades in rural and agricultural behavioral health. She earned the 2019 APA's Excellence in Rural Psychology award and a 2018 MPA Presidential citation for Outstanding Contributions to Psychology. Slama served on the Governing Council of the Minnesota Psychological Association and as President of the Minnesota Rural Health Association, chair of MPA's Rural and Greater Minnesota Division, and chair and coordinator of its Rural Behavioral Health Practice Conference. She also has a number of publications and has given numerous presentations.

The speaker has indicated no conflicts of interest.

2:30 p.m. Never Gonna Break My Faith: Psychology's Role in Promoting Social Justice, Healing and Hope

The purpose of this presentation is to challenge psychologists and other providers to think about their ethical roles within the larger community. Dr. Garrett-Akinsanya will explore how systemic abuses and structural inequities are maintained through practices associated with what she refers to as "Oppression Reactive Syndromes." She will also explore ways to dismantle the culturally destructive thoughts, feelings and behaviors associated with Oppression Reactive Syndromes by understanding how to share power and engage in courageous conversations that lead to growth when missteps are invariably made. Lastly, this presentation will introduce participants to both individual and collective approaches for strengthening their faith in the goodness of others, as well as creating forgiveness, healing, and hope in their communities and within themselves.

Participants will be able to:

1. Describe the concept of Oppression Reactive Syndromes and how systemic and structural inequities are maintained.
2. Apply strategies for dismantling Oppressive Reactive Syndromes by learning how to share power, engage in courageous conversations and manage the inevitable missteps that will occur in the process of growth and change.
3. Explain a process to create Personal Mission statements so participants can affirm and strengthen their faith, forgiveness, and hope as they engage in a holistic process for healing themselves and others.

Dr. BraVada Garrett-Akinsanya, Ph.D., LP is a licensed clinical psychologist and Board-Certified Diplomate and Fellow in African Centered Black Psychology by the Association of Black Psychologists. She is also a Fellow of the American Psychological Association, Division 35, Society for the Psychology of Women. Dr. Akinsanya received her Ph.D. in Clinical Psychology at Texas Tech University. With over 40 years of experience in the field of mental health as a researcher, practitioner and consultant, she has received local, state and national recognition for her leadership in the areas of diversity and mental health. Using a strength-based wellness model, she assists educators and other professionals in developing culturally responsive and trauma-informed strategies that engage diverse youth and their families – especially when their lives have been touched by racism, severe psychopathology, abuse, trauma, sexual assault and community violence.

The speaker has indicated no conflicts of interest.

REGISTER ONLINE @ [HTTPS://WWW.MNPSYCH.ORG/CALENDAR-OF-EVENTS](https://www.mnpsych.org/calendar-of-events) OR COMPLETE THE FORM BELOW AND FAX OR MAIL YOUR REGISTRATION TO PROTECT THIS INFORMATION. PLEASE DO NOT EMAIL CREDIT CARD INFORMATION.

NAME:

DEGREE:

LICENSURE:

INSTITUTION/AGENCY:

ADDRESS:

CITY/STATE/ZIP:

EMAIL:

PHONE:

REGISTRATION IS AVAILABLE UNTIL THE EVENT BEGINS.

**FEE: MPA MEMBER: \$149 NON-MEMBER: \$169 STUDENT: \$30 RETIRED-MEMBER: \$30 (NO CE CREDIT)
RETIRED MEMBERS HAVE THE OPTION TO PAY THE REGULAR MEMBER RATE TO RECEIVE CE CREDIT OR TAKE
ADVANTAGE OF THE DISCOUNTED PRICE WITH NO CE.**

TOTAL AMOUNT ENCLOSED: \$

**CHECK (MADE PAYABLE TO MPA) VISA MC AMERICAN EXPRESS ALL CREDIT CARD FIELDS ARE REQUIRED
CARD NUMBER:**

EXP. DATE:

SECURITY CODE:

CARDHOLDER NAME:

CARDHOLDER SIGNATURE:

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